

Horizons in intestinal failure, rehabilitation & home parenteral nutrition

Royal College of Physicians 12th of December 2022

Day 1 – The basics



08:30 Registration

08:55 Welcome (Mani Naghibi & Alison Culkin)

Type 1 intestinal failure (Chairs: TBC)		
09:00	What is Type 1 intestinal failure & its causes	Mani Naghibi
09:20	Managing refeeding syndrome	Alison Culkin
09:45	Estimating nutritional requirements	Nicola Vernon
10:05	Case presentation	Nicola Vernon/Alison Culkin
10:10	Panel discussion	

10:30 Coffee break (Meet the experts: Doctors/Dietitians)

Peri-operative management of Type 1 intestinal failure (Chair: TBC)		
11.00	Medical management of ileus & obstruction Mani Naghib	
11.20	Drug management of ileus & obstruction	Riddhika Joshi
11.40	Surgical management of type 1 intestinal failure	Phil Tozer
12.00	Nutritional management of bowel obstruction	Dietitian TBC
12:20	Panel discussion	All

12:40 Lunch break

Parenteral nutrition in Type 1 intestinal failure (Chair: TBC)		
13:40	Vascular access for short term parenteral nutrition	Dino Roa
14:00	Debate: All type 1 patients should receive multi-chamber bags	For: Uchu Meade Against: Nicola Vernon
14:30	Case presentation update	Nicola Vernon/Alison Culkin
14:40	Panel discussion	All

15:00 Tea break (Meet the experts: Nurses/Pharmacist)

Complications during short term parenteral nutrition (Chair: TBC)		
15:30	Abnormal liver function: don't blame the PN – case study	Simon Gabe
15:50	Managing glucose and lipid abnormalities – case study	Suzanne Donnelly
16:10	FAQ	MDT Panel
16:30	Final discussion	All
17:00	Summary and close	



Horizons in intestinal failure, rehabilitation & home parenteral nutrition

Royal College of Physicians 13th of December 2022

Day 2 – The complex



08:30 Registration

08:55 Welcome (TBC)

High output stoma and enterocutaneous fistulae (Chairs: TBC)		
09:00	Medical management	Simon Gabe & Maryam Clark
09:20	Surgical management	Akash Mehta
09:50	Dietary management	Lilia Malcolm
10:10	Panel discussion	All

10:30 Coffee break (Meet the experts: Doctors/Dietitians)

Prehabilitation and Distal limb feeding/fistuloclysis (Chair: TBC)		
11.00	Prehabilitation and preparing the patient for surgery	Richard Holman
11.25	Nursing aspects of distal feeding	Heidi Li & Riya James
11.50	Nutritional & pharmaceutical aspects of distal feeding	Diane Brundrett & Maryam Clark
12.15	Panel discussion	All

12:30 Lunch break

How to avoid PN when the gut stops working – gastroparesis (Chair: TBC)		
13:30	Right tube, right route, right patient?	Nutrition nurse - TBC
13:50	Optimising enteral feeding	Sinead Burke
14:10	Medication optimisation	Uchu Meade
14:30	Panel discussion	All

14.45 Tea break (Meet the experts: Nurses/Pharmacist)

Intestin	Intestinal dysmotility (Chair: TBC)		
15:15	Medical management of dysmotility	Gehanjali Amarasinghe	
15:35	Nutritional management of dysmotility	Lee Martin	
15:50	Management of chronic pain	Simon Braude	
16:15	Psychological support for patients with dysmotility	Callum Moulton	
16:35	Final discussion	All	
17:00	Summary and close		



Horizons in intestinal failure, rehabilitation & home parenteral nutrition

Royal College of Physicians 14th of December 2022

Day 3 – The long term



08:30 Registration

08:55 Welcome (Mia Small)

Home parenteral nutrition (Chairs: Mia Small)			
09:00	Patient perspective on life with intestinal failure		St Mark's patient
09:25	Challenges discharging	Dietetic perspective	Diane Brundrett
09:40	patients home on parenteral support	Pharmacy perspective	Roshni Patel
09:55		Nursing perspective	Jo Gent
10:10	Monitoring patients on home parenteral support		ТВС
10:30	Panel discussion		All

10:45 Coffee break (Meet the experts: Doctors/Dietitians)

IF & HPN complications (Chair: TBC)		
11.15	Managing metabolic complications	Suzanne Donnelly
11.40	Managing abnormal liver function	Simon Gabe
12.05	Catheter related thrombosis	James Willsmore
12.25	Catheter related bloodstream infection under the microscope	Simon Lal
12:50	Panel discussion	All

13:00 Lunch break

Patient perspective (Chair: TBC)		
14:00	An international perspective of HPN	ТВС
14:25	Quality of life on HPN	Alison Culkin
14:50	Long term outcomes, intestinal rehabilitation & growth factors	Simon Gabe
15:15	Panel discussion	All

15.30 Tea break (Meet the experts: Nurses/Pharmacist)

Difficult decisions (Chair: TBC)		
16:00	End stage malignancy and remote discharge	Mani Naghibi
16:25	Transplantation	Lisa Sharkey
16:50	Final discussion	All
17:00	Summary and close	