

St Mark's Nutrition and Intestinal Rehabilitation Course

9th–11th December, 2019 at the Royal Society of Medicine, London

A three-day course for healthcare professionals interested and involved in looking after patients with acute and chronic intestinal failure, including those requiring home parenteral nutrition.

St Mark's Hospital nutrition and intestinal failure team presents a three day course covering all three types of intestinal failure.

Day 1 Aspects of type 1 intestinal failure including causes and prevention, refeeding, requirements, short term access, types of parenteral nutrition, drug management, management of short-term complications.

Day 2 Aspects of type 2 intestinal failure and will focus on the management of enterocutenous fistula, fistuloclysis/distal feeding, pharmacology issues, management of chronic pain and dysmotility, supporting the patients' psychological needs.

Day 3 Covering type 3 intestinal failure and will focus on home parenteral nutrition including HIFNET and the HPN framework, monitoring micronutrients, complications such as infections, metabolic and abnormal LFTs, malignancy, intestinal rehabilitation and management of a homecare crisis.

St Mark's Hospital
The National Bowel Hospital







DAY 1: Type 1 Intestinal Failure Monday 9th December, 2019

08.45	Registration with coffee
09.15	Welcome Suzanne Donnelly
09.20	Overview & initial assessment Chair: Suzanne Donnelly
09.20	Definition and causes of Type 1 Mani Naghibi
09.40	Recognising and managing refeeding risk Alison Culkin
10.00	Estimating requirements for short term PN Alison Culkin
10.20	Panel discussion
10.40	Coffee
11.00	Perioperative management of type 1 Chair: Mani Naghibi
11.00	National Audit of Small Bowel Obstruction (NASBO) Matt Lee
	Surgical management of bowel obstruction Phil Tozer
11.40	Dietary management of bowel obstruction Alison Culkin
	Prevention & management of post op ileus Mani Naghibi
12:20	Panel discussion
12.30	Lunch
13.30	High output stomas and short term parenteral nutrition
10.00	Chair: Alison Culkin
	Management of high output stoma Simon Gabe
	Vascular access for short term PN Misha Virtudazo
	Multi-chamber bags vs. tailored PN bags Uchu Meade Panel discussion
14.30	Pariel discussion
14.50	Coffee
15.10	Complications of short term parenteral nutrition
	Chair: Uchu Meade
15.10	Drug management in Type 1 IF Riddhika Joshi
	Managing abnormal LFTs Simon Gabe
15.50	Managing lipid and glucose abnormalities Suzanne Donnelly
16.10	When type 1 turns into type 2 Simon Gabe
16.30	Discussion
17.00	Summary and close

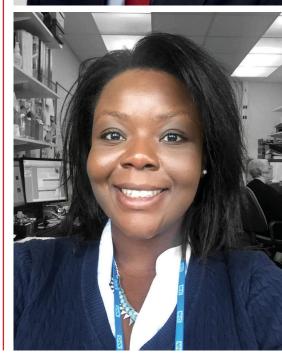
DAY 2: Type 2 Intestinal Failure Tuesday 10th December, 2019

08.45 Registration with coffee

09.00	Welcome
09.05	Management of enterocutaneous fistula Chair: Akash Mehta
09.05	Medical management Suzanne Donnelly
09.30	Getting it right the first time Carolynne Vaizey
09.50	Abdominal wall reconstruction Joannis Constantinides
10.10	Panel discussion
10.30	Coffee
11.00	MDT management of enterocutaneous fistula Chair: Akash Mehta
11.00	The defunctioned gut Stella Dilke
11.15	Distal limb feeding – challenges & success Mia Small, Morag Pearson
11.35	Dietary management of short bowel Morag Pearson
12.00	Complex stoma care management Sarita Dhamala-Bhat
12:20	Panel discussion – what I get asked about ECF?
12.50	Lunch
13.45	Medicines management Chair: Uchu Meade
13.50	The use of loperamide and cyclizine in intestinal rehabilitation Jeremy Nightingale
14.10	Drugs: taking the tube Mia Small & Uchu Meade
14.40	Polypharmacy and deprescribing Roshni Patel
15.00	Discussion
15.10	Coffee
15.30	Pain and dysmotility Chair: Mia Small
15.30	Diagnosing dysmotility Giles Major
16.00	Management of chronic pain Cathy Stannard
16.30	Supporting the patients psychological needs – case studies Yoram Inspector
17:00	Discussion
17.30	Summary and close













DAY 3: Type 3 Intestinal Failure Wednesday 11th December, 2019

- 08.30 Registration with coffee
- 08.55 Welcome
- 09.00 Home parenteral nutrition Chair: Simon Gabe
- 09.00 Current trends including HIFNET,HPN Framework & IF Registry Mia Small
- 09.30 Getting patients home on parenteral nutrition Roshni Patel & Jo Gent
- 09.50 Monitoring and weaning PN Diane Brundrett
- 10.20 Panel discussion
- 10.30 Coffee
- 11.00 Complications Chair: Mia Small
- 11.00 Metabolic complications Suzanne Donnelly
- 11.25 Managing abnormal LFTs in HPN Simon Gabe
- 11.55 Catheter related thrombosis James Willsmore
- 12.20 Catheter-related sepsis under the microscope Mia Small
- 12:50 Discussion
- 13.00 Lunch
- 14.00 Patient perspective Chair: Mia Small
- 14.00 A series of patient and carer interviews with panel discussion MDT panel
- 15.00 Summary and discussion
- 15.15 Coffee
- 15.45 Difficult decisions Chair: Simon Gabe
- 15.45 Parenteral nutrition & end stage malignancy Mani Naghibi
- 16.05 Intestinal rehabilitation using growth factors Simon Gabe
- 16.25 Managing a homecare company crisis: patient safety from NHSE Aidan Fowler
- 16:45 Discussion
- 17.00 Summary and close

St Mark's Hospital gratefully acknowledges support from:











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St Mark's Hospital is dedicated to bringing about a future free from the fear of bowel disease through Research, Education and Dissemination of Clinical Excellence. Registered Charity No. 1140930