

17th Annual International Congress

Frontiers in Intestinal and Colorectal Disease

A multidisciplinary approach



27th–29th November 2019

Royal College of Physicians, London NW1 4LE

Sir Alan Parks
Visiting Professor

Sebastiano Biondo

Bellvitge University Hospital,
Barcelona

Sir Francis Avery Jones
Visiting Professor

Siew Ng

Prince of Wales Hospital,
Hong Kong

Basil Morson
Visiting Professor

Neil Shepherd

Cheltenham General Hospital,
UK

www.stmarksacademicinstitute.org.uk

Conference Secretariat

Should you need any assistance during your stay please do not hesitate to contact a member of staff who will be available at the Registration Desk.

Judith Landgrebe
Janice Ferrari
Rasmita Bhudia
Hirra Oppal

Frontiers Symposia

Will take place in the Wolfson Theatre.

Exhibition

The Osler Room.
Please take time to visit the exhibitors. There is an opportunity to win an iPad. Please collect your entry form from the Registration Desk. The draw will take place after lunchtime on Friday 29th November.

Refreshments

Lunch, Tea and Coffee

The Osler Room.

Drinks Reception

The Osler Room on Wednesday 27th November at 17:30. All are welcome.

Lunch Symposia

Janssen – Wednesday, 27th November
Pfizer – Thursday, 28th November
Intuitive – Friday, 29th November

Please enquire at the Registration Desk for availability.

Breakfast Sessions

These must be pre-booked. The sessions will commence at 08:00 on Thursday 28th and Friday the 29th of November. Please make yourself known at the Registration Desk ten minutes beforehand and you will be directed to the relevant room.

Please enquire at the Registration Desk for current availability.

**WiFi kindly provided by
the Royal College of Physicians**



Visit us at www.stmarksacademicinstitute.org.uk
or follow us on Twitter [@StMarksHospital](https://twitter.com/StMarksHospital)

The Twitter hashtag for this event is **#stmarksfrontiers2019**

Dean's Welcome

Welcome to our 17th Annual International Congress

It is my pleasure and privilege as Dean of St Mark's Academic Institute to welcome you to the Royal College of Physicians, London and to our Annual Frontiers in Intestinal and Colorectal Disease Congress. As always, we try to cover topics that we all come across on a day-to-day basis as well as some of those cutting-edge symposia that are likely to translate to clinical practice.

St Mark's Frontiers is organised into a number of plenary sessions, all of which are multidisciplinary and presented by leading experts. In fact, the multidisciplinary approach is our theme for this year, so expect some fascinating talks and insights from across the spectrum of gastrointestinal disease.

We are delighted to welcome our three visiting Professors. Siew Ng will deliver the Sir Francis Avery Jones Lecture on the epidemiology of IBD. The Sir Alan Parks Lecture on emergency surgery for the colon will be presented by Sebastiano Biondo. For the first time this year, there will be a new named lecture in honour of the late Dr Basil Morson, a prominent pathologist whose ground breaking work led to the identification of the adenoma carcinoma sequence. This inaugural lecture will be delivered by Neil Shepherd who will enlighten us about the pathology of colorectal cancer screening. We also pay homage to an esteemed colleague and friend, Professor Wendy Atkin. Amanda Cross will deliver the Wendy Atkin lecture on personalised screening and risk prediction.

By popular demand, we have both live endoscopy and surgery again this year together with another favourite - consultants' corners where expert panels will discuss the themes of the day by exploring complex cases. Please do take the opportunity to engage and challenge them.

Breakfast sessions take place on Thursday and Friday. These are smaller, more intimate seminars given by experts in the field and full details can be found in this programme. These sessions must be pre-booked so please check at the registration desk for availability.

The John Nicholls Prize for research will take place on Thursday at 17:30. St Mark's Research Fellows will present their work and battle for the coveted award. You are warmly invited to attend.

I would like to take this opportunity to express my gratitude to all our sponsors for their support and contribution to the success of Frontiers 2019. There will be a lunchtime symposium presented by Janssen (Wednesday), Pfizer (Thursday) and Intuitive (Friday). Please enquire at the registration desk for current availability. Olympus have steadfastly supported this event since its inception for which we are grateful. Please take the opportunity to visit the exhibition area and find out what's on offer. There will be a chance to win an iPad when you visit the exhibitors so make sure you collect the entry form from the team at the registration desk.

Finally, I thank you, our delegates. Please do join us for the drinks reception on Wednesday at 17:30 when Peter McDonald will be "in conversation" with our visiting professors.

I hope that you enjoy your time with us in London and that the St Mark's Frontiers Congress more than lives up to your expectations.

Dr Siwan Thomas-Gibson
Dean

Faculty list

Visiting professors

Sir Alan Parks Visiting Professor

Sebastiano Biondo

Chairman of the department of general and digestive surgery, Bellvitge University Hospital

Sir Francis Avery Jones Visiting Professor

Siew Ng

Professor Department of Medicine and Therapeutics, Associate Director, Center for Gut Microbiota Research, The Chinese University of Hong Kong

Basil Morson Visiting Professor

Neil Shepherd

Professor of Gastrointestinal Pathology & Consultant Histopathologist, Gloucestershire Hospitals NHS Foundation Trust

Faculty

External

Ayan Banerjee

Consultant Colorectal Surgeon, Nottingham University Hospitals NHS Trust

Amanda Cross

Professor of Cancer Epidemiology, Faculty of Medicine, School of Public Health, Imperial College London

Charles Evans

Consultant Surgeon, University Hospitals Coventry and Warwickshire NHS Trust

Dieter Hahnloser

Chief Surgeon, Head of Colorectal Surgery, University Hospital Lausanne

George Hanna

Professor, Head of Department Surgery & Cancer, Imperial College London

Jonathan Hoare

Consultant Gastroenterologist, Imperial Healthcare NHS Trust

Roel Hompes

Head of Colorectal Surgery and Proctology, Department of Visceral Surgery, University Hospital Lausanne

Laurence Lovat

Consultant Gastroenterologist, UCLH NHS Foundation Trust

Julian Marchesi

Professor of Digestive Health, Faculty of Medicine, Department of Metabolism, Digestion and Reproduction Imperial College London

Joel Mawdsley

Consultant Gastroenterologist, Guy's and St Thomas' Hospitals, London

Neil Mortensen

Professor of Colorectal Surgery in the University of Oxford Medical School

Chris Probert

Professor of Gastroenterology, University of Liverpool, Royal Liverpool Hospital

Rajaratnam Rameshshanker

Consultant Gastroenterologist, The Hillingdon Hospitals NHS Foundation Trust, Uxbridge

Ian Stern

QC, Head of Chambers Regulatory Team, Chambers & Partners

Zacharias Tsiamoulos

Consultant Gastroenterologist, Endoscopy Clinical Lead, East Kent Hospitals University NHS Foundation Trust

Jenny Vaughan

Consultant Neurologist, Imperial Healthcare NHS Trust

Internal

Gastroenterologists

Ayesha Akbar
Naïla Arebi
Suzanne Donnelly
Simon Gabe
Ailsa Hart
Adam Haycock
Adam Humphries
Nik Kamperidis
Andrew Latchford
Gideon Lipman
Ravi Misra
Kevin Monahan
Mani Naghibi
Max Pitcher
Brian Saunders

Noriko Suzuki
Siwan Thomas-Gibson
Ana Wilson

Surgeons

Anthony Antoniou
Elaine Burns
Sue Clark
Omar Faiz
Stuart Gould
Ian Jenkins
Peter McDonald
Danilo Miskovic
John Nicholls
Asha Senapati
Phil Tozer
Carolynne Vaizey
Janindra Warusavitarne
Josef Watfah

Dietitians

Diane Brundrett
Gabriela Poufou

Radiologists

David Burling
Alison Corr
Arun Gupta
Phillip Lung
Michele Marshall

Pharmacists

Anneliese D'Souza
Uchu Meade

Urologists

Hazel Ecclestone

Nurse specialists

Ripple Man
Sharon McGovern
Zarah Perry-Woodford
Madhoor Ramdeen
Mia Small
Claire Taylor
Maggie Vance

Pathologists

Adriana Martinez
Morgan Moorghen

Wednesday 27th November

08:55 Welcome from the Dean Siwan Thomas-Gibson

09:00 Endoscopy under the spotlight – what's new?

Chair: Brian Saunders and Maggie Vance

- Lower GI bleeding guidelines Jonathan Hoare
 - Polyp surveillance guidelines Kevin Monahan
 - Post-colonoscopy cancer Siwan Thomas-Gibson
-

10:00 Polyp MDT cases

Chair: Adam Humphries

Panel: Jonathan Hoare, Morgan Moorghen, Brian Saunders, Neil Shepherd, Maggie Vance, Janindra Warusavitarne

10:30 Coffee

11:00 Bugs and the gut

Chair: Ayesha Akbar and Nik Kamperidis

- The microbiome: cause or cure? Julian Marchesi
 - Faecal microbiota transplantation: how we do it Siew Ng
 - Acute colitis: spectrum of disease Ravi Misra
 - How to avoid infection in IBD Naila Arebi
-

12:15 Sir Francis Avery Jones Lecture

Chair: Ailsa Hart

Epidemiology of IBD: What the East can tell the West

Siew Ng

12:45 Lunch

12:45 Janssen lunch symposium

BSG – IBD Guidelines

– Ailsa Hart, Ayesha Akbar, Ravi Misra, Nik Kamperidis



13:45 Live endoscopy

Chair: Adam Haycock

Panel: Andrew Latchford, Siew Ng, Janindra Warusavitarne

Operators: Adam Humphries, Kevin Monahan, Ripple Man, Brian Saunders, Noriko Suzuki, Zacharias Tsiamoulos, Ana Wilson

15:30 Tea

16:00 Wendy Atkin Lecture

Chair: Maggie Vance

Colorectal cancer prevention and early detection: epidemiologic evidence

Amanda Cross

16:20 Consultants' corner – IBD

Chair: Naila Arebi and Max Pitcher

Panel: Alison Corr, Omar Faiz, Morgan Moorghen, Siew Ng, Madhoor Ramdeen

17:30 Drinks reception – "in conversation" with Peter McDonald

Thursday 28th November



08:00

Breakfast Session 1: Polyp MDT

Alison Corr, Adam Haycock, Danilo Miskovic, Brian Saunders,
Neil Shepherd, Maggie Vance

Breakfast Session 2: Complex IBD MDT

Anneliese D'Souza, Arun Gupta, Ailsa Hart, Nik Kamperidis, Siew Ng,
Gabriela Poufou, Madhoor Ramdeen, Janindra Warusavitarne

08:55 Welcome from the Dean Siwan Thomas-Gibson

09:00 Pilonidal disease – avoiding and solving problems

Chair: Sue Clark
Asha Senapati

09:20 The benign anus: what's new, top tips, how to avoid trouble

Chair: Phil Tozer and Ailsa Hart

- Medical management of Crohn's fistula Siew Ng
- Surgical management of anal fistula Phil Tozer
- Management of rectovaginal fistula Carolynne Vaizey

Panel: Sue Clark, Phillip Lung, Siew Ng, Asha Senapati, Carolynne Vaizey,
Janindra Warusavitarne

10:30 Coffee

11:00 Non-invasive GI testing – under the spotlight

Chair: Brian Saunders and Gideon Lipman

- It smells like IBD Chris Probert
- The breath we breathe George Hanna
- Spitting bad Laurence Lovat
- FIT for symptoms? Ayan Banerjee

12:30 Lunch

12:30 Pfizer lunch symposium

**Xeljanz® ▼ (tofacitinib citrate) in the treatment
of ulcerative colitis**

– Naila Arebi, Joel Mawdsley

[Prescribing information is available here](#) and at the Pfizer stand
on the days of the meeting

PP-XEL-GBR-1980 October 2019



13:30 Sir Alan Parks Lecture

Chair: Omar Faiz

Emergency surgery for the colon

Sebastiano Biondo

14:00 **Live operating**

Chair: Omar Faiz

Panel: Anthony Antoniou, Elaine Burns, Dieter Hahnloser, Asha Senapati

Operators: Ian Jenkins, Danilo Miskovic, Phil Tozer

15:30 **Tea**

16:00 **Emergency surgery in diverticular disease**

Chair: Josef Wafah

- Five years of emergency surgery in the UK Josef Wafah
- Uncomplicated diverticulitis: conservative options Sebastiano Biondo
- Complicated diverticulitis Dieter Hahnloser

**Debate: Who should treat diverticulitis in the 21st century:
emergency or colorectal surgeon?**

Chair: Janindra Warusavitarne and Stuart Gould

Debate: Omar Faiz vs Josef Wafah

Emergency case discussion

Panel: Sebastiano Biondo, Omar Faiz, Dieter Hahnloser, Michele Marshall,
Neil Shepherd, Josef Wafah

17:30 **John Nicholls Prize**

Chair: Siwan Thomas-Gibson

18:30 **Close**

Friday 29th November



08:00

Breakfast Session 3: Complex cancer MDT

Anthony Antoniou, David Burling, Ian Jenkins, Andrew Latchford, Mani Naghibi, Neil Shepherd, Claire Taylor

Breakfast Session 4: Troubleshooting feeding the surgical patient MDT

Diane Brundrett, Suzanne Donnelly, Simon Gabe, Uchu Meade, Mia Small, Janindra Warusavitarne

08:55 Welcome from the Dean Siwan Thomas-Gibson

09:00 Quality in rectal cancer surgery – what is it and how to achieve it

Chair: Anthony Antoniou and Claire Taylor

- Quality indicators in rectal cancer surgery Elaine Burns
 - Alternative techniques in low rectal cancer Sebastiano Biondo
 - The aftermath: erectile and urinary dysfunction Hazel Ecclestone
 - Low anterior resection syndrome Ana Wilson
-

10:00 Question time: controversies in colorectal surgery

Chair: Danilo Miskovic

Panel: Sebastiano Biondo, Sue Clark, Roel Hompes, Ian Jenkins, Janindra Warusavitarne

10:45 Coffee

11:15 The Basil Morson Lecture

Chair: Adriana Martinez

The pathology of colorectal cancer screening

Neil Shepherd

11:45 Technical tips in endoscopic and minimally invasive surgery – video session

Chair: Adam Humphries and Ian Jenkins

12:30 Lunch

12:30 Intuitive lunch symposium

The robotisation of colorectal surgery – what's driving its expansion?

– Mr Charles Evans and Mr Roel Hompes

INTUITIVE

13:30 Intestinal rehabilitation

Chair: Suzanne Donnelly and Mia Small

- Prehabilitation: IBD surgery Janindra Warusavitarne and Gabriela Poufou
 - Prehabilitation: cancer surgery Mani Naghibi, Sebastiano Biondo, Ian Jenkins
 - Rehabilitation: post-op optimisation Suzanne Donnelly, Uchu Meade, Diane Brundrett, Sharon McGovern
-

14:30 Surgical leaks

Chair: Ian Jenkins and Elaine Burns

- Is there a need for centralisation of care? Ian Jenkins
- Novel approaches to management Roel Hompes

Leaky cases

Chair: Danilo Miskovic

Panel: Sebastiano Biondo, Roel Hompes, Ian Jenkins, Neil Mortensen,
Zarah Perry-Woodford

15:30 Tea

15:50 Prevention is better than the cure: colorectal surgery and the law

Chair: Peter McDonald and David Burling

- What is the law: negligence and manslaughter Ian Stern QC
- What I have learned from medicolegal work Carolynne Vaizey
- How to avoid medicolegal claims: the global perspective Jenny Vaughan
- How to avoid medicolegal claims: the grassroots perspective Neil Mortensen

17:00 Close

List of exhibitors

- 1-2

Olympus Medical
- 3

Norgine Pharmaceuticals
- 4

Promed (Thursday)
- 5

Lawmed
- 6

Q Medical
- 7-8

Janssen
- 9

Medtronic
- 10

Aquilant (Wednesday)
- 11

Takeda
- 12-13

Intuitive
- 14

Kyowa Kirin (Wednesday)
- 15

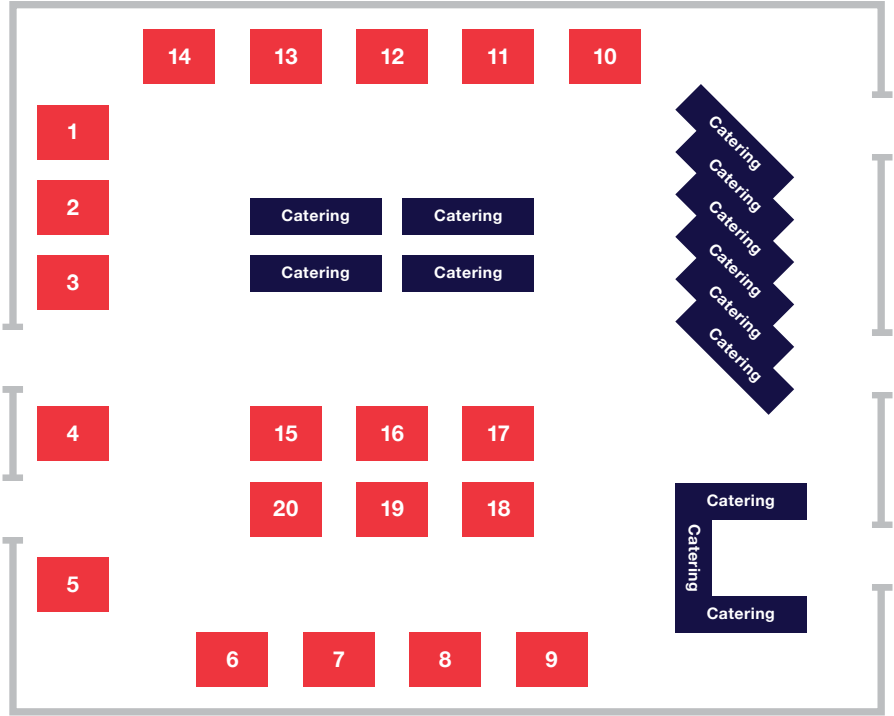
Creo Medical (Wednesday)
- 16

Storz (Thursday – Friday)
- 17

Ethicon
- 18-19

Pfizer
- 20

Friends of St Mark's (Thursday)





St Mark's Frontiers in Intestinal and Colorectal Disease 2019 has been approved by the Association of Coloproctology of Great Britain and Ireland for 18 CPD credits.

With thanks to the following for their support

The logo for Olympus, featuring the word "OLYMPUS" in a bold, blue, sans-serif font. A thin yellow horizontal line is positioned directly beneath the text.The logo for Janssen, consisting of the word "janssen" in a blue, lowercase, sans-serif font. To the right of the text is a stylized blue graphic element resembling a wing or a stylized letter 'J'. Below the main text, in smaller red capital letters, is "PHARMACEUTICAL COMPANIES" and "OF Johnson & Johnson".The logo for Intuitive, featuring the word "INTUITIVE" in a black, uppercase, sans-serif font. A small black circle is positioned above the letter 'I'.The logo for Pfizer, featuring the word "Pfizer" in a white, italicized, sans-serif font. The text is set against a blue oval background.

St Mark's Academic Institute
St Mark's Hospital, Northwick Park, Harrow, Middlesex HA1 3UJ
Tel: +44 (0)20 8235 4046/8 Fax: +44 (0)20 8235 4039
Email: info@stmarksacademicinstitute.org.uk

www.stmarksacademicinstitute.org.uk