



16th Annual International Congress

Frontiers in Intestinal and Colorectal Disease

27th–30th November 2018

St Mark's Hospital, London, UK



Sir Alan Parks Visiting Professor

Professor André D'Hoore

Belgium

Sir Francis Avery Jones Visiting Professor

Professor David Sanders

UK

www.stmarksacademicinstitute.org.uk

Updated 2018 cover

Conference Secretariat

Should you need any assistance during your stay please do not hesitate to contact a member of staff who will be available at the Registration Desk.

Symposia

Will take place in the Himsworth Hall on Level 6.

Exhibition

Clore (Rooms 3 and 4) on Level 6.
Please take time to visit the exhibitors.

There is an opportunity to win an iPad Pro when you visit the exhibitors. Collect your entry form from the registration desk outside the Himsworth Hall. The draw will take place after lunchtime on Friday 30th November.

Refreshments

Early Morning Tea and Coffee

Tuesday – Reception Area
All other days – Exhibition Area

Morning Coffee and Afternoon Tea

Reception Area and Exhibition Area

Lunch

Reception Area
(take stairs outside the Himsworth Hall)

Morning Room
(opposite the Himsworth Hall)

Drinks Reception

In the Exhibition Area in the Clore, Level 6,
on Tuesday 27th at 18:30.

All are welcome.

Breakfast Sessions

These must be pre-booked. The sessions will commence at 08:00 on Wednesday 29th and Thursday 30th. Please make yourself known at the Registration Desk outside the Himsworth Hall ten minutes beforehand and you will be directed to the relevant room.

Please enquire at the Registration Desk (outside the Himsworth Hall) for current availability.



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WiFi at St Mark's, London

WiFi kindly provided free of charge by WiFi SPARK.

Network: **WiFi_Spark_Premium**

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Password: **1310**



Dean's Welcome

Welcome to our 16th Annual International Congress



Sue Clark

It is, once again, my pleasure and privilege as Dean of St Mark's Academic Institute to welcome you to London and to our Annual Frontiers in Intestinal and Colorectal Disease Congress. As always, we try to cover topics that we all come across on a day to day basis as well as some of those cutting-edge symposia which are likely to translate to clinical practice.

St Mark's Frontiers is organised into a number of plenary sessions, all of which are multidisciplinary and presented by leading experts. On Tuesday and Wednesday we have sessions focussing on endoscopy, IBD, genomics, cancer and coeliac's. Revolution or evolution – stem cells in perianal Crohn's is certainly not to be missed. We are delighted to welcome our Sir Francis Avery Jones visiting professor David Sanders who will share his wisdom throughout the congress. On Thursday we have sessions focussing on colorectal cancer and particularly look forward to considering the attributes of laparoscopic and robotic surgery during the live operating session. The Sir Alan Parks lecture will be delivered by another eminent world expert, Andre D'Hoore. Our final day looks at various anal problems with more live operating. Included each day are our Consultants' Corners – case-based discussions where we challenge the experts. Please do take the opportunity to engage with them whenever possible. A drinks reception will be held on Tuesday at 6.30pm in the exhibition area and all are welcome.

By popular demand we see the return of the Nursing Symposium, which runs in parallel with the main programme. It will feature internationally recognised

GI Nursing experts who will consider nursing initiatives in their various fields. In addition, we will be running a session for the John Nicholls' Prize, in which our Research Fellows will have the opportunity to present their work.

We will also be holding early morning breakfast sessions on Wednesday, Thursday and Friday before the main Congress begins. These are smaller, more intimate seminars given by experts in the field on topics such as approaches to rectal cancer, coeliac's, managing Crohn's, perianal fistula and high output stomas – to name a few from this year's programme. There are still some places available so do enquire at the registration desk.

I would like to take this opportunity to express my gratitude to all sponsors for their support and contribution to the success of this Congress. Thanks to Kyowa Kirin who have put together a great symposium on constipation. Takeda and Olympus who have continued to support the congress over the years. Please take the opportunity to visit the exhibition area and find out what is on offer. Once again we will be giving one of you the chance to win an iPad Pro when you visit the exhibitors, collect your entry form from the registration desk outside the Himsworth Hall.

Finally, I thank you, the delegates, those coming for the first time and those that have attended our congress since its inception. I hope you find the next few days interesting, stimulating, educational and at times controversial.

I hope that you enjoy your time with us in London and that St Mark's Frontiers Congress more than lives up to your expectations.

Professor Sue Clark,
Dean

Faculty

Visiting Professors

Sir Alan Parks Visiting Professor – André D'Hoore
Sir Francis Avery Jones Visiting Professor – David Sanders

External

Ahmed Ahmed
James Bellringer
Stephanie Breuknik
Phillip Calder
Tamzin Cumming
James East
Liz Evans
Mark Ferrante
Damian Garcia-Olmo
Mark Gudgeon
James Kinross

Tony Lander
Nathan Mayura
Mark McAlindon
Eva Morris
Susan Parry
Tim Rockall
Matt Rutter
Jack Satsangi
Mark Saunders
Rajarathnam Rameshanker
Kai-Keen Shiu
Nick Trott

Internal

Ayesha Akbar
Lisa Allison
Anthony Antoniou
Naila Arebi
Jennie Burch
David Burling
Sue Clark
Alison Culkin
Vicky Cuthill
Suzanne Donnelly
Sam Evans

Omar Faiz
Simon Gabe
Demetri Georgiou
Nyarai Gondo
Arun Gupta
Helen Hardy
Ailsa Hart
Adam Haycock
Adam Humphries
Warren Hyer
Meron Jacyna
Ian Jenkins
Andy Latchford

Phillip Lung
Ripple Man
Adriana Martinez
Peter McDonald
Danilo Miskovic
Morgan Moorghen
Mani Naghibi
John Nicholls
Stella Nicholls
Max Pitcher
Denise Robinson
Brian Saunders
Mia Small

Ash Sinha
Noriko Suzuki
Siwan Thomas-Gibson
Phil Tozer
Tracey Tyrell
Carolynne Vaizey
Janindra Warusavitarne
Ana Wilson
Maggie Vance
Taylor Claire

Updated 2018 details

Tuesday 27th November

08:55	Welcome from the Dean	
09:00	What's new in colonoscopy? The bottom line Chair: Brian Saunders and Andy Latchford <ul style="list-style-type: none">- Bowel preparation: flushed away Adam Haycock- Hats on: when to use caps and cuffs Rajarathnam Rameshanker- Do you see what I see?... Optical diagnosis Siwan Thomas-Gibson- Mind the gap: submucosal space manipulation Brian Saunders- Cold polypectomy: no limits? James East- Swimming in the colon: infusion not insufflation Noriko Suzuki- To treat or not to treat? Contemporary management of radiation proctopathy Ana Wilson	
10:45	Coffee	
11:15	Sir Francis Avery Jones Lecture Breaking bread! David Sanders Chair: Simon Gabe	
11:45	Coeliac disease Chair: Suzanne Donnelly and Max Pitcher <ul style="list-style-type: none">- How to diagnose it – children Warren Hyer- How to diagnose it – adults Suzanne Donnelly- What diet? Nick Trott- Other treatments and future developments David Sanders	
12:30	Panel discussion and cases Chair: Suzanne Donnelly Panel: David Sanders, Nick Trott, Warren Hyer, Janindra Warusavitarne	
13:15	Lunch	
14:00 – 16:30	Live endoscopy Chairs: James East, Siwan Thomas-Gibson and Maggie Vance Operators: Adam Haycock, Adam Humphries, Andy Latchford, Ripple Man, Brian Saunders, Noriko Suzuki, Ana Wilson	Parallel session John Nicholls Prize André D'Hoore, David Sanders, John Nicholls Chair: Sue Clark
16:00	Tea	
16:30	Symposium: How to deliver an effective IBD service: transforming challenges into opportunities Chair: Ayesha Akbar <ul style="list-style-type: none">- How to deliver care differently Naila Arebi- Improving healthcare using an evidence based systematic approach Liz Evans Panel discussion	
17:30	Revolution or evolution – stem cells in perianal Crohn's? Chair: Naila Arebi <ul style="list-style-type: none">- Gastroenterology perspective Marc Ferrante- View from the surgeon Damian Garcia-Olmo Case discussions Panel: Andre D'Hoore, Marc Ferrante, Damian Garcia-Olmo, Arun Gupta, Ailsa Hart	
Drinks reception		

Wednesday 28th November

 Breakfast sessions 08:00-08:55	
These must be pre-booked. Please check with the registration desk for availability.	
<ul style="list-style-type: none">• Doctor I know you diagnosed my coeliac disease but I am no better Suzanne Donnelly, Nick Trott and David Sanders• Complete mesocolic excision and preoperative vascular mapping Danilo Miskovic• Colonoscopy – how I do it Adam Haycock• Approaches to rectal prolapse Janindra Warusavitarne	
08:55	Welcome from the Dean
09:00	Small bowel: no more Cinderella Chair: Adam Humphries and Janindra Warusavitarne <ul style="list-style-type: none">- Video Capsule Endoscopy – what's new? Mark McAlindon- Device-assisted enteroscopy – balloons, spirals & the surgeon Adam Humphries- Endoscopic assessment in small bowel disease David Sanders Panel discussion / cases
10:45	Coffee
11:00	Stricturing Crohn's disease Chair: Ailsa Hart and Phil Tozer <ul style="list-style-type: none">- How to avoid surgery Ailsa Hart- Imaging – which technique? Arun Gupta- Surgery for strictures André D'Hoore- Management after surgery Jack Satsangi Panel discussion
12:30	Lunch
13:30	Bowel cancer screening – where are we now and where are we going? Matt Rutter Chair: Siwan Thomas-Gibson
14:00	Getting genomics into our colorectal cancer services Chair: Ash Sinha <ul style="list-style-type: none">- Why? Sue Clark- NICE or nasty? Universal tumour testing and the colorectal MDT Andy Latchford- What does the genetics team do? Demetra Georgiou- A national network: making it work Susan Parry- How does it help the oncologist to help the patient? Kai-Keen Shiu
15:15	Tea
15:45	Panel discussion and consultants' corner – genomics and colorectal cancer Chair: Sue Clark Panel: Andy Latchford, Susan Parry, Demetra Georgiou, Kai-Keen Shiu, Ash Sinha
16:45	Constipation – what to do when standard laxatives haven't worked Chair: Meron Jacyna Speaker: Ayesha Akbar
17:30	Close


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This talk is sponsored by Kyowa Kirin

Thursday 29th November

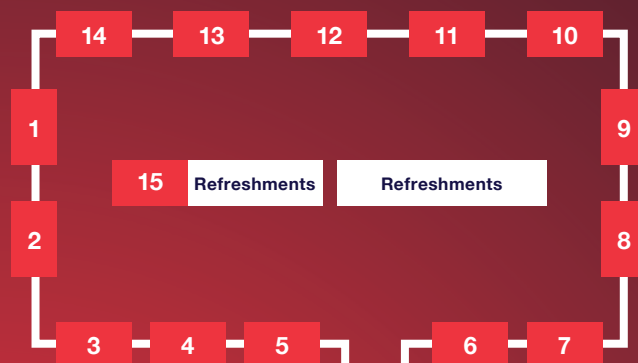
<div></div> <div>Breakfast sessions 08:00-08:55</div>			
These must be pre-booked. Please check with the registration desk for availability.			
<ul style="list-style-type: none">Managing strictures in Crohn's disease Andre D'Hoore, Ana Wilson and Janindra WarusavitarneLynch syndrome and other high risk conditions – your questions answered Susan Parry, Andy Latchford, Demetra Georgiou and Vicki CuthillColonoscopic polypectomy – who, when and how Siwan Thomas-Gibson and Adam HumphriesThe high output stoma – what to do Simon Gabe, Alison Culkin and Suzanne Donnelly			
08:55	Welcome from the Dean		
09:00	Rectal cancer – are we missing the point? Chair: Omar Faiz <ul style="list-style-type: none">Is it all about bacteria? The role of the microbiome in the development of rectal cancer James KinrossAre we doing any good? Current trends in rectal cancer survival Eva MorrisDo we need to take it out? Alternatives to radical cancer surgery André D'HooreCan we see the future? Tailoring treatment and predicting response Mark Saunders Panel discussion		
10:45	Coffee		
11:00	Live operating Chair: Omar Faiz Operators: Danilo Miskovic, Ian Jenkins	11:00	Parallel panel discussion Operative approach in rectal cancer – does it really matter? Chair: Omar Faiz and Anthony Antoniou Panel: André D'Hoore, Tim Rockall, Mark Gudgeon, Claire Taylor, David Burling, Adriana Martinez
13:00	Lunch		
14:00	Abdo pain – maybe not so non-specific? David Sanders Chair: Sue Clark	13:30	Parallel session Nursing Innovations for Gastrointestinal Nurses Venue – Postgraduate common room <ul style="list-style-type: none">Welcome and housekeeping Jennie BurchOpening address Helen HardyHarnessing technology to improve the experience and outcomes of patients receiving home parenteral nutrition Mia SmallLessons down under Claire TaylorGenomics - what GI nurses need to know Vicky CuthillPatient involvement in IBD nurse-led care Denise Robinson and Tracey TyrrellQuality of life for people with a pouch Sam Evans and Lisa AllisonCapital Nurse Nyarai Gondo
14:30	Anatomy altering procedures – what every colorectal surgeon needs to know Chair: Carolynne Vaizey <ul style="list-style-type: none">Paediatrics Tony LanderBariatric surgery Ahmed AhmedTransgender surgery James Bellringer		
16:00	Tea	15:30	Refresments
16:30	Colorectal cancer and nutrition Chair: Anthony Antoniou <ul style="list-style-type: none">Before surgery – assessment, optimisation and effect on outcomes Mani NaghibiAfter surgery – specific nutrients and chemotherapy outcome Philip Calder Discussion	16:00	<ul style="list-style-type: none">Nurse education Jennie BurchGetting FIT for bowel screening Maggie VanceMental health in gastrointestinal patients Nyarai Gondo
17:30	Close	17:00	Close

Friday 30th November

<div></div> <div>Breakfast sessions 08:00-08:55</div>	
These must be pre-booked. Please check with the registration desk for availability.	
<ul style="list-style-type: none">• Perianal Fistula Phil Tozer and Phil Lung• Pathology at the Colorectal cancer MDT – Where is the evidence? Morgan Moorghen• Imaging and rectal cancer David Burling, Ian Jenkins, Danilo Miskovic• SILS surgery – how and why Janindra Warusavitarne	
08:55	Welcome from the Dean
09:00	What's new in anal pathology Chair: Peter McDonald <ul style="list-style-type: none">- Anal fistula Phil Tozer- Haemorrhoids Stephanie Breukink- Faecal Incontinence Carolynne Vaizey
10:00	Sir Alan Parks Lecture Ventral mesh rectopexy – what now? André D'Hoore Chair: Sue Clark
10:30	Coffee
11:00	Live operating/videos Chair: Carolynne Vaizey and André D'Hoore Operators: Phil Tozer and Janindra Warusavitarne
12:30	Lunch
13:30	Heart-sink anal pathology: anal pain, pruritus, SRUS Stephanie Breukink Chair: Phil Tozer
14:00	Around the anus Chair: Janindra Warusavitarne <ul style="list-style-type: none">- Warts and all Mayura Nathan- AIN: state of the art Tamzin Cuming- Anal cancer update Morgan Moorghen
15:00	Consultants' corner – anal cases Chair: Carolynne Vaizey Panel: Stephanie Breukink, Tamzin Cuming, Morgan Moorghen, Phil Tozer, Phillip Lung, Mayura Nathan
16:00	Closing remarks and tea

List of exhibitors

- | | |
|-------|----------------------------------|
| 1-2 | Olympus Medical |
| 3 | Janssen Cilag Ltd |
| 4 | Aquilant |
| 5 | Kyowa Kirin |
| 6 | Lawmed Ltd |
| 7 | Intuitive Surgical |
| 8 | Norgine Pharmaceuticals |
| 9 | Johnson & Johnson Medical Ltd |
| 10 | Karl Storz Endoscopy UK |
| 11 | Promed Ltd (Tuesday to Thursday) |
| 12 | Q Medical Technologies Ltd |
| 13-14 | Takeda UK Ltd |
| 15 | Friends of St Mark's |



With thanks to the following for their support



KYOWA KIRIN



St Mark's Frontiers in Intestinal and Colorectal Disease 2018 has been approved by the Association of Coloproctology of Great Britain and Ireland for 28 CPD credits.



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Updated 2018 details (Awaiting updated Exhibitors list)