

St Mark's Hospital & Academic Institute Lecture Course

# Frontiers in Intestinal and Colorectal Disease

14th Annual International Congress

**22nd–25th November 2016**

St Mark's Hospital, Harrow UK



**Sir Francis Avery Jones Visiting Professor**

Professor Evelien Dekker

**Sir Alan Parks Visiting Professor**

Professor Michael Solomon

## Conference Secretariat

Should you need any assistance during your stay please do not hesitate to contact a member of staff who will be available at the Registration Desk.

## Symposia

Will take place in the Himsworth Hall on Level 6.

## Exhibition

Clore (Rooms 3 and 4) on Level 6.  
Please take time to visit the Exhibitors.

There is an opportunity to win an iPad Air when you visit the exhibitors. Collect your entry form from the registration desk outside the Himsworth Hall. The draw will take place before teatime on Friday.

## Refreshments

### Early Morning Tea and Coffee

Tuesday – Reception Area  
All other days – Exhibition Area

### Morning Coffee and Afternoon Tea

Reception Area and Exhibition Area

### Lunch

Reception Area  
(take stairs outside the Himsworth Hall)

Morning Room  
(opposite the Himsworth Hall)

### Drinks Reception

In the Exhibition Area in the Clore, Level 6,  
on Tuesday 22nd November at 18:30.

All are welcome.

## Breakfast Sessions

These must be pre-booked. The sessions will commence at 08:00 on Wednesday 23rd, Thursday 24th and Friday 25th November. Please make yourself known at the Registration Desk outside the Himsworth Hall ten minutes beforehand and you will be directed to the relevant room.

Please enquire at the Registration Desk (outside the Himsworth Hall) for current availability.



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or follow us on Twitter [@StMarksHospital](https://twitter.com/StMarksHospital)

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Password: **4589**



# Dean's Welcome

## Welcome to our 14th Annual International Congress



Sue Clark

It is my pleasure and privilege as Dean of St Mark's Academic Institute to welcome you to London and to this our 14th Annual Frontiers in Intestinal and Colorectal Disease. The Congress will cover a broad range of topics, and I hope that you will find the next four days interesting, stimulating, educational and, at times, controversial. This meeting is truly international and will unite delegates and faculty from around the world.

St Mark's Frontiers runs over four days and is organised into a number of plenary sessions, all of which are multidisciplinary and presented by leading experts. On Tuesday and Wednesday we have a pot pourri of symposia followed by a cancer focused day on Thursday. The "Anal" day on Friday brings our meeting to a close. Included each day are our Consultants' Corners – case based discussions where we challenge the experts.

New to this year's programme is our parallel Nursing Symposium, which will feature internationally recognised nursing experts in the field of GI Nursing. This session aims to address current issues in GI nursing and stimulate debate in the future of the profession.

This year we are making full use of our audio visual facilities, which enable us to bring you high quality images from both Endoscopy and our state of the art Operating Theatre. We look forward to live operating sessions every day, which will include a number of interesting cases.

We will also be holding early morning breakfast sessions on Wednesday, Thursday and Friday before the main Congress begins. These are smaller, more intimate seminars given by experts in the field on topics such as abdominal wall reconstruction, assessing and managing complex polyps, and anastomotic leakage – to name a few from this year's programme. There are still some places available so do enquire at the registration desk.

I am grateful to our Faculty and am especially pleased to welcome Professors Evelien Dekker and Michael Solomon as our visiting professors this year. Please do take the opportunity to talk to them. A drinks reception will be held on Tuesday evening in the exhibition area and all are invited.

Finally, I would like to take this opportunity to express my gratitude to all sponsors for their support and contribution to the success of this Congress. Please take the opportunity to visit the exhibition area and find out what is on offer. We are once again giving one of you the chance to win an iPad Air when you visit the exhibitors; collect your entry form from the registration desk outside the Himsworth Hall.

I hope that you enjoy your time with us in London and that St Mark's Frontiers Congress more than lives up to your expectations.

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## Faculty

### Visiting Professors

Sir Alan Parks Visiting Professor – Michael Solomon

Sir Francis Avery Jones Visiting Professor – Evelien Dekker

### External

Roger Chapman  
Mark Coleman  
Joannis Constantinidies  
Andrea Frilling  
Fiona Lewis  
Simon Leedham  
Roel Hompes  
David Jayne  
Jamie Murphy  
Aymer Postgate  
Phil Quirke  
Mattias Soop  
Andrew Williams  
Jonathan Zimmern

### Internal

Samar Al-Homoud  
Anthony Antoniou  
Nicola Anyamene  
Naila Arebi  
Ellie Bradshaw  
Jennie Burch  
David Burling  
Sue Clark  
Brigitte Collins  
Omar Faiz  
Simon Gabe  
Nyarai Gondo  
Arun Gupta  
Shahir Hamdulay  
Ailsa Hart

Adam Haycock  
Adam Humphries  
Yoram Inspector  
Ian Jenkins  
Robin Kennedy  
Andrew Latchford  
Phillip Lung  
Yas Maeda  
Michele Marshall  
Adriana Martinez  
Danilo Miskovic  
Morgan Moorghen  
Mani Naghibi  
John Nicholls  
Jeremy Nightingale  
Marian O'Connor

Lajja Panchal  
Zarah Perry-Woodford  
Robin Phillips  
Denise Robinson  
Brian Saunders  
Jonathan Segal  
Mia Small  
Noriko Suzuki  
Claire Taylor  
Siwan Thomas-Gibson  
Phil Tozer  
Carolynne Vaizey  
Margaret Vance  
Janindra Warusavitarne  
Joseph Wattfah  
Ana Wilson

# Tuesday 22nd November

08:55 Welcome The Dean

## 09:00 IBD beyond the gut

Chair: Naila Arebi

- The skin Fiona Lewis
- Joints and spine Shahir Hamdulay
- The liver Roger Chapman
- The psyche Yoram Inspector
- Patient choice and decision-making in IBD Michael Solomon

### Panel discussion

11:00 Coffee

## 11:30 Live endoscopy

Chair: Evelien Dekker and Andrew Latchford

Endoscopists: Adam Haycock, Brian Saunders, Noriko Suzuki, Siwan Thomas-Gibson, Ana Wilson

13:00 Lunch

## 14:00 Challenges in endoscopic management of colorectal polyps

Chair: Adam Humphries and Andrew Latchford

- Endoscopic management of serrated polyposis – is it safe and how to optimise outcomes? Evelien Dekker
- Endoscopic surveillance of sporadic polyps – empirical or evidence based? Simon Leedham
- Small cancers – what the endoscopist needs to know Siwan Thomas-Gibson
- The non-lifting or recurrent polyp – what are the options? Brian Saunders

### Panel discussion

Parallel session

## 14:00 Nursing symposium

Venue – Postgraduate common room

Chair: Nyarai Gondo

- How I got here Maggie Vance
- Growing your service: securing management support Marian O'Connor
- Juggling multiple role demands Mia Small
- Promoting a positive team strategy Zarah Perry-Woodford
- Clinical leadership: influencing the national agenda Claire Taylor

15:30 Tea

## 16:00 Sir Francis Avery Jones Lecture

Bowel cancer screening – finished product or work in progress? Evelien Dekker

Chair: Brian Saunders

## 16:30 Consultants' corner – polyps

Chair: Siwan Thomas-Gibson

Panel: Arun Gupta, Evelien Dekker, Janindra Warusavitarne, Brian Saunders, Simon Leedham, Morgan Moorghen, Noriko Suzuki

**17:00 Debate:** This house believes that 'nursing associates' will deskill nursing and be a detrimental development in the professionalisation of nursing

For: Denise Robinson and Claire Taylor

Against: Mia Small and Jennie Burch

Chair: Nyarai Gondo

## 17:30 IBS in the current era: biomarkers, diagnostics and novel therapeutic targets

Chair: Ayesha Akbar

Panel: Anton Emmanuel, Ayesha Akbar



Allergan Ltd have sponsored this symposium and provided stand space

Drinks reception

# Wednesday 23rd November



## Breakfast sessions 08:00-08:55

These must be pre-booked. Please check with the registration desk for availability.

- Managing the high output stoma Jeremy Nightingale
- Optimising medical therapies in IBD – the dos and don'ts Ailsa Hart, Naila Arebi
- Current perspectives in home parenteral nutrition Mia Small, Mani Naghibi
- Colonoscopy – how I do it Adam Haycock

08:55 Welcome The Dean

### 09:00 Emergency surgery symposium

Chair: Joseph Watfah and Omar Faiz

- Does endoscopy have a role in acute complications of diverticulosis? Evelien Dekker
- The incidental appendiceal neuroendocrine tumour – what next? Andrea Frilling
- Acute perianal sepsis – how should we follow-up? Robin Phillips
- The acute obstetric sphincter injury Carolynne Vaizey
- The march of laparoscopy – how far should it reach into emergency surgery? Mark Coleman

#### Panel discussion

10:55 Coffee

### 11:25 Live endoscopy

Chair: Evelien Dekker, Adam Haycock, Margaret Vance

Endoscopists: Adam Humphries, Brian Saunders, Noriko Suzuki, Siwan Thomas-Gibson, Ana Wilson

12:45 Lunch

### 13:45 Food for thought – nutrition and intestinal failure

Chair: Jeremy Nightingale

- Nutrition in palliative care Mani Naghibi
- Nutrition and pre-operative optimisation  
Mattias Soop
- Retrieving the surgical disaster – management  
of the patient with enterocutaneous fistula  
Janindra Warusavitarne
- Into the future – long term IVN and other options  
Simon Gabe

#### Panel discussion

Parallel session

### 13:45 The John Nicholls Prize

Chair: Sue Clark

Evelien Dekker, Michael Solomon, John Nicholls

15:15 Tea

### 15:45 Consultants' corner – management of severe post-operative complications in an intestinal failure unit

Chair: Simon Gabe

Panel: Michele Marshall, Jeremy Nightingale, Mattias Soop, Janindra Warusavitarne

# Thursday 24th November



## Breakfast sessions 08:00-08:55

These must be pre-booked. Please check with the registration desk for availability.

- Colonoscopy and polypectomy: your questions answered Brian Saunders, Noriko Suzuki
- Faecal transplantation Ailsa Hart, Jonathan Segal
- Management of bowel problems after pelvic cancer Carolynne Vaizey, Ana Wilson, Ellie Bradshaw, Brigitte Collins, Claire Taylor
- Polyposis syndromes – diagnosis and management Evelien Dekker, Andy Latchford, Sue Clark and the Polyposis Registry team

08:55 Welcome The Dean

### 09:00 Complete mesocolic excision (CME) for colon cancer

Chair: Michael Solomon

- A critical analysis of specimen quality to guide colectomy for colon cancer Phil Quirke
- Predicting anatomy of middle colic vasculature and its importance in CME Robin Kennedy, Phillip Lung
- How should CME be developed to maximise its benefits nationally Danilo Miskovic

#### Panel discussion

10:30 Coffee

### 11:00 Live operating

Chair: Anthony Antoniou and Michael Solomon

Surgeons: Ian Jenkins, Robin Kennedy

12:30 Lunch

### 13:20 Specimen assessment from live surgery

Chair: Adriana Martinez

Phil Quirke

### 13:30 Sir Alan Parks Lecture

Innovation and academic colorectal surgery: where do ideas come from? Michael Solomon

Chair: Robin Kennedy

### 14:00 Low rectal cancer symposium

Chair: Robin Kennedy

- Decision-making aids in low rectal cancer David Burling
- Decision-making in low rectal cancer Michael Solomon
- Who should reconstruct patients with low rectal cancer? Omar Faiz
- Transanal TME – technique and pitfalls Roel Hompes

#### Panel discussion

15:50 Tea

### 16:20 Consultants' corner – low rectal cancer

Chair: Ian Jenkins

Panel: David Burling, Michael Solomon, Nicola Anyamene, Roel Hompes, Robin Kennedy, Lajja Panchal



# Friday 25th November



## Breakfast sessions 08:00-08:55

These must be pre-booked. Please check with the registration desk for availability.

- Medico-legal work: how to avoid being sued David Burling and Jonathan Zimmern
- Management of locally recurrent rectal cancer Michael Solomon, Anthony Antoniou, Ian Jenkins, Claire Taylor
- Update in management of incontinence – assessment and therapeutic options Carolynne Vaizey and Brigitte Collins
- A coloplastic service – how a plastic surgeon can help you and your patients Joannis Constantinides, Omar Faiz

08:55 Welcome The Dean

### 09:00 Anal fistula – more ramifications than you think

Chair: Omar Faiz

- It's what you leave behind, not what you take David Burling
- Clips, glues and plugs – all very messy? Phil Tozer
- Where have all the stem cells gone? Yas Maeda
- Lift procedure – is it a flop? Andrew Williams
- Anal Crohn's – tailoring your approach Janindra Warusavitarne
- Management of the unmanageable Robin Phillips

#### Panel discussion

11:00 Coffee

### 11:30 Live operating

Chair: Sue Clark and Anthony Antoniou

Surgeon: Robin Phillips

12:15 Lunch

### 13:00 Live operating

Chair: Sue Clark and Anthony Antoniou

Surgeon: Janindra Warusavitarne

### 14:00 Approaches to rectovaginal fistula

Chair: Samar Al-Homoud

Carolynne Vaizey

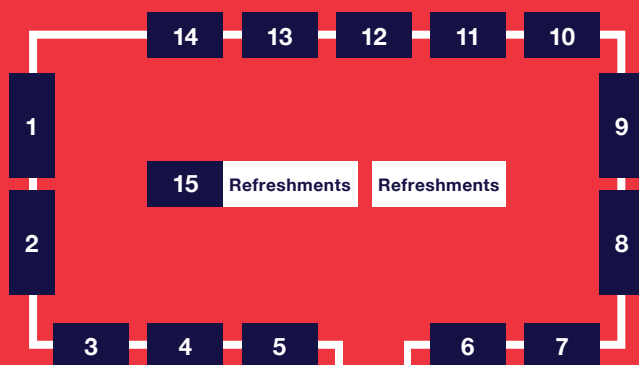
### 14:30 Anal pot pourri

Chair: Robin Phillips

- Anal plastic surgery that you can do Joannis Constantinides
- New approaches to pilonidal sinus Janindra Warusavitarne
- Recurrent fissure – when oh when can we operate? Jamie Murphy
- Pelvic radiation disease – a multidisciplinary approach Ana Wilson and the Biofeedback team
- The neosphincter – a busted flush yet to be busted? David Jayne
- Anal psychiatry Yoram Inspector

16:30 Tea and close

# List of exhibitors



- 1-2 **Olympus Medical**
- 3 **Tillotts Pharma UK**
- 4 **Curaseal**
- 5 **Takeda** (Tuesday-Wednesday)
- 5 **Friends of St Mark's** (Thursday)
- 5 **Cook Medical** (Friday)
- 6 **Fisher & Paykel Healthcare Ltd**
- 7 **Promed Ltd**
- 8 **Norgine Pharmaceuticals**
- 9 **Ethicon Surgical Care**
- 10 **Ardmore Healthcare Ltd**
- 11 **Allergan**
- 12 **Q Medical Technologies Ltd**
- 13 **Healthcare 21**
- 14 **Kyowa Kirin**
- 15 **GE Healthcare** (Tuesday)
- 15 **KARL STORZ Endoscopy Ltd** (Friday)

With thanks to the following for their support



St Mark's Frontiers in Intestinal and Colorectal Disease 2016 has been approved by the Association of Coloproctology of Great Britain and Ireland for 25 CPD credits.



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