



FINAL PROGRAMME

St Mark's Hospital & Academic Institute Lecture Course

Frontiers in Intestinal and Colorectal Disease

10th Annual International Congress

27th-29th November 2012
St Marks Hospital, Harrow UK

Sir Alan Parks Visiting Professor
Professor Steve Wexner

Sir Francis Avery Jones Visiting Professor
Professor Edouard Louis

and

Professor John Northover's Festschrift

30th November 2012
Royal College of Physicians, London UK



Conference Secretariat

Should you need any assistance during your stay please do not hesitate to contact a member of staff who will be available at the Registration Desk.

Symposia

Will take place in the Himsworth Hall on Level 6.

Exhibition

Clore (Rooms 3 and 4) on Level 6.
Please take time to visit the exhibitors.

Refreshments

Early Morning Tea and Coffee

Tuesday – Reception Area

All other days – Exhibition Area

Morning Coffee and Afternoon Tea

Reception Area

(take stairs outside the Himsworth Hall)
and Exhibition Area

Lunch

Reception Area

(take stairs outside the Himsworth Hall)

Morning Room

(opposite the Himsworth Hall)

Drinks Receptions

Exhibition Area in the Clore, Level 6.

There will be a drinks reception on Tuesday 27th November at 1800 and again on Thursday 29th November at 1700.

All are welcome.

Breakfast Sessions

These must be pre-booked. The sessions will commence at 0800 on Wednesday 28th November and Thursday 29th November. Please make yourself known at the Registration Desk outside the Himsworth Hall ten minutes before hand and you will be directed to the relevant room.

Please enquire at the Registration Desk (outside the Himsworth Hall) for current availability.

Learning Centre

This will be held in the Morning Room (opposite the Himsworth Hall) from Tuesday 27th November – Thursday 29th November. At St Mark's we are working to improve and widen educational opportunities. At the learning centre you will be able to view the DVDs produced here.

Professor John Northover's Festschrift – Friday 30th November 2012

Royal College of Physicians

11 St Andrews Place

Regent's Park

London

NW1 4LE

Visit us at www.stmarkshospital.org.uk

Dean's Welcome



Robin Kennedy

Welcome to the 10th Annual Frontiers Meeting

Tuesday 27th November

Once again we kick off with a medically orientated day. I am grateful to Dr Brian Saunders and Dr Ailsa Hart for putting together another interesting programme and

we are delighted to welcome Dr Edouard Louis as our Sir Francis Avery Jones Visiting Professor. As Head of the Gastroenterology Department at Liège University Hospital Belgium, Professor Louis has a particular interest in the characterisation and genetics of the immune response in inflammatory bowel disease. We very much look forward to his address on "Personalised Medicine in IBD".

With symposia covering Adolescents with IBD, Hot Topics in Gastroenterology and a Masterclass in Colonoscopy, the day promises to be both varied and interesting.

The day closes with a drinks reception kindly supported by Unisoft Medical Systems. I look forward to meeting many of you there.

Wednesday 28th November

Breakfast sessions start the day at 8.00am. Working in small groups, these are led by an expert in the field and give delegates a chance to discuss specific issues in detail. If you still wish to book a session, do see one of the team from the Academic Institute. The day continues, covering a variety of topics including Dilemmas in Cancer Care, Frontiers in Technology and Managing Intestinal Failure. We round off with a video session of Tips and Tricks in Surgery.

The Sir Alan Parks Visiting Professor, Steve Wexner, is well known to St Mark's. Back in 1992, he took part in the first laparoscopic colorectal operations performed at the Hospital's old site in City Road. Professor Wexner will share his wealth of experience when he delivers the Sir Alan Parks Lecture on "Minimally Invasive Colorectal Surgery".

Thursday 29th November

No Frontiers meeting would be complete without an "Anal Day" and, once again, I am indebted to Professor Robin Phillips for making this possible.

After another selection of Breakfast sessions, the morning continues with symposia on Medical Contributions in IBD

and Anorectal Emergencies. We welcome Ms Karen Nugent, Senior Lecturer at Southampton General Hospital, who will give a key note talk on Surgery for Rectal Prolapse. In the afternoon we hear about some of the "Tough Decisions" that have to be made and draw the meeting to a close with a Consultants Corner. We look forward to hearing your thoughts and opinions during the day and indeed throughout the whole meeting.

The day will end with a drinks reception giving all an opportunity to mix and meet the faculty.

Friday 30th November

Professor John Northover's Festschrift – The Royal College of Physicians

The final day of the Congress is a special celebration of the working life of Professor John Northover who retired from St Mark's earlier this year. John has been a pillar of strength for St Mark's over the years and has helped promote the hospital both in this country and throughout the world. We are sure you will enjoy his day which focuses on the areas where John has made a very special contribution.

This meeting would not be possible without the support of several companies and I am most grateful to Abbott, MSD, Yakult and Unisoft. I extend special thanks to Olympus and Norgine who have been steadfast in their support for the Frontiers meetings. Please take the opportunity to visit the exhibition and find out what is on offer and what is new.

Thanks are due to all of our speakers both internal and particularly external, many of whom have travelled long distances to be with us. The audience makes such a large contribution to any meeting and I am grateful to you all for attending and participating. Please ensure you complete the evaluation forms as we value your feedback.

I am pleased to report that it has been another busy year for the Academic Institute at St Mark's. We continue working to improve and widen educational opportunities and the e-learning centre of the St Mark's website reflects this, I would encourage you all to take a look. The St Mark's grand rounds, often cutting edge and topical, can be viewed free of charge at www.stmarkshospital.org.uk.

I hope you will enjoy your time in London with all that it has to offer at this time of year and that the Congress more than lives up to your expectations. *You are all very welcome.*

Mr Robin Kennedy

Dean of the St Mark's Academic Institute

TUESDAY 27 NOVEMBER

0855 **Dean's Welcome**

Introduction to the day – Dr Brian Saunders

0900 **Adolescents with IBD – Chair: Dr Simon Gabe**

0900 Setting the Scene – Cases – *Dr Ayesha Akbar*

0915 How does management differ in the young person? – *Dr Ailsa Hart*

0930 The importance of transitional care – *Dr Warren Hyer*

0945 Psychosocial and sexual issues – *Dr Yoram Inspector*

1000 Discussion of cases

1030 **COFFEE**

1100 **Hot Topics in Gastroenterology – Chair: Dr Brian Saunders**

1100 How I manage refractory proctitis – *Prof. Edouard Louis*

1115 Endoscopy “checklists” – *Dr Adam Haycock/Dr Manmeet Matharoo*

1130 Alcoholic hepatitis – *Dr Steve Ryder*

1145 Refeeding syndrome – *Dr Jeremy Nightingale*

1200 Inflammation in IBS: A viable therapeutic target? – *Dr Naila Arebi*

1215 **Sir Francis Avery Jones Lecture**

Personalised medicine in IBD – Prof. Edouard Louis

Chair: *Dr Ailsa Hart*

1245 **LUNCH**

1345 **Colonoscopy Video Masterclass – Chair: Dr Brian Saunders**

Panel: *Prof. Edouard Louis, Dr David Burling, Dr Chris Fraser, Dr Siwan Thomas-Gibson, Mr Janindra Warusavitarne*

1530 **TEA**

1600 **Consultants Corner – Chair: Dr Max Pitcher**

Prof. Edouard Louis, Dr Arun Gupta, Dr Meron Jacyna, Dr Morgan Moorghen, Miss Marian O'Connor, Dr Steve Ryder, Mr Janindra Warusavitarne

1700 **TB or not TB – Chair: Dr Ailsa Hart**

1700 Setting the Scene – *Dr Ailsa Hart*

1715 Diagnostic Dilemmas – TB vs IBD – *Dr Laurence John*

1730 Risk reduction when using anti-TNF – *Dr Peter Irving*

1745 What advice to give when travelling on anti-TNF – *Miss Marian O'Connor*

1800 Discussion

DRINKS RECEPTION – SUPPORTED BY UNISOFT MEDICAL SYSTEMS

WEDNESDAY 28 NOVEMBER

Breakfast Session 0800-0900



THESE MUST BE PRE-BOOKED. PLEASE CHECK WITH REGISTRATION DESK FOR AVAILABILITY.

- | | |
|--|---|
| 1. Electronic Medical Records – “Patients Know Best”
<i>Dr S Gabe</i> | 4. Hands On: Virtual Reality Colonoscopy Simulator
<i>Dr A Haycock</i> |
| 2. Adolescent IBD and Endoscopy
<i>Dr W Hyer</i> | 5. IBD Surgery
<i>Mr J Warusavitarne</i> |
| 3. Open Forum on Colonoscopy
<i>Dr B Saunders</i> | |

0855 Dean's Welcome

0900 Dilemmas in Cancer Care – Chair: *Prof. John Northover*

0900 When to operate on colorectal cancer in the palliative setting – *Mr Austin O'Bichere*

0920 Can RFA ever cure a patient? – *Prof. John Karani*

0940 Prospects for patients with liver metastases: How to find them, when to resect and outcomes? – *Mr Long Jiao*

1000 Panel Discussion

1030 COFFEE

1100 Frontiers in Technology – Chair: *Mr Omar Faiz*

1100 Vacuums and novel techniques in anastomotic wound healing – *Dr Willem Bemelman*

1115 Current and future expectations for the artificial sphincter – *Mr Ian Finlay*

1130 Personalised medicine in CRC pathology – *Dr Mariana Berho*

1145 3D imaging and the future operating theatre – *Mr Iain Jourdan*

1200 Panel Discussion

1230 Sir Alan Parks Lecture

Minimally Invasive Colorectal Surgery – Prof. Steve Wexner

Chair: *Mr Robin Kennedy*

1300 LUNCH

1400 Managing Intestinal Failure – Chair: *Ms Carolynne Vaizey*

1400 What is required in the emergency and medical management of enterocutaneous fistula – *Dr Simon Gabe*

1415 Wound and stoma management – *Dr Jeremy Nightingale and Ms Angela Vujnovich*

1430 The prevention of and surgery for abdominal catastrophe – *Ms Carolynne Vaizey*

1445 Surgical choices in acute and chronic intestinal ischaemia – *Mr Janindra Warusavitarne*

1500 Panel Discussion

1515 TEA

1545 Tips and tricks in surgery – How I do it – Chair: *Ms Samar Al Homoud*

Challenges of vascular variations in right hemicolectomy – *Mr Robin Kennedy*

Working your way through the difficult IF abdomen – *Mr Janindra Warusavitarne*

Extralavator abdominoperineal excision – *Mr Ian Jenkins*

Intersphincteric proctectomy (bottom end) – *Prof. Robin Phillips*

1645 Close

THURSDAY 29 NOVEMBER

Breakfast Session 0800-0900



THESE MUST BE PRE-BOOKED. PLEASE CHECK WITH REGISTRATION DESK FOR AVAILABILITY.

- | | |
|---|---|
| 1. Intestinal Transplantation: Patient Selection and Outcomes
<i>Dr S Gabe</i> | 4. Hands On: Virtual Reality Colonoscopy Simulator
<i>Dr A Haycock</i> |
| 2. MRI for Surgeons
<i>Dr D Burling & Mr I Jenkins</i> | 5. Recto-vaginal Fistula
<i>Prof. R Phillips</i> |
| 3. Haemorrhoids
<i>Mr P McDonald</i> | |

0855 Dean's Welcome

0900 Medical contributions to anal disease – Chair: *Ms Carolynne Vaizey*

0900 Update on pharmacological treatments for painful anal conditions – *Mr Emin Carapeti*

0920 Managing the anal transition zone – *Ms Sue Clark*

0940 The Crohn's orifice – *Dr Ailsa Hart*

1000 Panel Discussion

1030 COFFEE

1100 Anorectal Emergencies – Chair: *Mr Janindra Warusavitarne*

1100 Acute, painful anal conditions and their emergency management – *Mr Ian Jenkins*

1115 Early secondary and delayed primary repair of obstetric sphincter injury – *Prof. Soren Lauberg*

1130 Fournier's gangrene and its management – *Mr Paul Durdey*

1145 Panel discussion

1215 Surgery for rectal prolapse – Ms Karen Nugent

Chair: *Prof. Stephen Chadwick*

1245 LUNCH

1400 Tough Decisions – Chair: *Ms Karen Nugent*

1400 Decision making in outpatient proctology – *Mr Peter McDonald*

1420 Sphincter conserving anal fistula treatments – *Mr Toby Hammond*

1440 The management of recto-vaginal and rectourethral fistula – *Prof. Steve Wexner*

1500 Panel Discussion

1530 TEA

1600 Anal Consultants' Corner – Chair: *Prof. Robin Phillips*

Panel: *Mr Emin Carapeti, Ms Sue Clark, Mr Paul Durdey, Mr Peter McDonald, Ms Karen Nugent*

DRINKS RECEPTION – SUPPORTED BY UNISOFT MEDICAL SYSTEMS

FRIDAY 30 NOVEMBER

Professor John Northover's Festschrift

The Royal College of Physicians

0835 Introduction

Mr Robin Kennedy, Postgraduate Dean

Stresses and Successes in Cancer

Chair: Prof. John Northover

0840 Things that keep me awake at night

Prof. Sir Mike Richards

0900 RCTs in surgery. Herding cats, or the future you've been waiting for?

Prof. Richard Gray

0920 Interrogating new interventions – vigour, rigour and responsibility

Prof. Jack Cuzick

0940 Cancer screening – the mirage

Prof. Michael Baum

1000 End of life care – the Cinderella of cancer services

Prof. Julia Verne

1020 Sidelining the surgeon in anal cancer – has the clock stopped?

Prof. David Sebag-Montefiore

1040 Will we ever manage anal cancer by addressing the cause?

Prof. John Scholefield

1100 COFFEE

De Humani Corporis Fabrica

Chair: Prof. Harold Ellis

1130 How anatomy matters at the clinical front line

Prof. Nigel Heaton

1150 Beauty is in the eye ... the flowering of surgical radiology

Dr Gina Brown

1210 Surgical anatomy and me – 1943 till now

Prof. Harold Ellis

1230 LUNCH

Surgery for Complex Cancer – The Final Frontier

Chair: Prof. Tim Briggs

1340 So much for so few

Mr Pete Sagar

1400 Minding the gap

Mr David Ross

1420 Some cases

Ms Sue Clark

1440 Some results

Mr Ian Jenkins

Fateful Days in Three Lives

Chair: Prof. John Nicholls

1500 The day I arrived at St Mark's

Mr James Thomson

1515 The day I arrived at St Mark's

Mr Omar Faiz

1530 The day I arrived – and the day I left

Prof. John Northover

1600 CHAMPAGNE RECEPTION

List of Exhibitors and Faculty

EXHIBITORS AND PLAN

Stand 1 & 2	Olympus Medical
Stand 3	Olympus Medical
Stand 4	St Mark's Academic Institute
Stand 5	Ferring Pharmaceutical
Stand 6	C J Medical Ltd
Stand 7	St Mark's Hospital Foundation
Stand 8	Norgine Ltd
Stand 9	Abbott Laboratories
Stand 10	MSD
Stand 11	Lifecell
Stand 12	Friends of St Mark's
Stand 13	Cook UK Ltd
Stand 14	Cory Bros



ROYAL COLLEGE OF PHYSICIANS

Olympus Medical
C J Medical Ltd
Abbott Laboratories

Norgine Ltd
Covidien

FACULTY

Internal

Ms Samar Al Homoud	Mr Robin Kennedy
Dr Ayesha Akbar	Dr Manmeet Matharoo
Dr Naila Arebi	Mr Peter McDonald
Dr David Burling	Dr Morgan Moorghen
Prof. Stephen Chadwick	Prof. John Nicholls
Ms Sue Clark	Dr Jeremy Nightingale
Mr Omar Faiz	Prof. John Northover
Dr Chris Fraser	Miss Marian O'Connor
Dr Simon Gabe	Prof. Robin Phillips
Dr Arun Gupta	Dr Max Pitcher
Dr Ailsa Hart	Dr Brian Saunders
Dr Adam Haycock	Dr Siwan Thomas-Gibson
Dr Warren Hyer	Mr James Thomson
Dr Yoram Inspector	Ms Carolynne Vaizey
Dr Meron Jacyna	Ms Angela Vujnovich
Mr Ian Jenkins	Mr Janindra Warusavitarne

External

Prof. Edouard Louis	Dr Peter Irving
Prof. Steve Wexner	Mr Long Jiao
Prof. Michael Baum	Dr Laurence John
Dr Willem Bemelman	Mr Iain Jourdan
Dr Mariana Berho	Prof. John Karani
Prof. Tim Briggs	Prof. Soren Lauberg
Dr Gina Brown	Ms Karen Nugent
Mr Emin Carapeti	Mr Austin O'Bichere
Prof. Jack Cuzick	Prof. Sir Mike Richards
Mr Paul Durdey	Mr David Ross
Prof. Harold Ellis	Dr Steve Ryder
Mr Ian Finlay	Mr Pete Sagar
Prof. Richard Gray	Prof. John Scholefield
Mr Toby Hammond	Prof. David Sebag-Montefiore
Prof. Nigel Heaton	Prof. Julia Verne

With thanks to the following for their support



Frontiers in Intestinal and Colorectal Diseases 2012 has been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 24 category 1 (external) CPD credit(s)



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